

Facial Rejuvenation

Facial rejuvenation is all about giving you a more harmonious, youthful look. The aim is to make you look younger, but not completely different or like someone else.

There is no such thing as a 'gold-standard' facelift. Every patient is unique and therefore facelifts must be customised to each person.

As you age, your face and neck undergo three fundamental changes; deterioration of skin, descent of skin and deeper layers and loss of facial volume. The most common complaints are sagging neck skin, jowls, and sagging eyelids and brows. When Mr Karri rejuvenates your face, he aims to correct descent of skin and deeper layers and make them more harmonious with the rest of your face. Facelift does not correct skin deterioration or loss of facial volume

For your consultation, please bring a picture of yourself 10 to 15 years ago and identify the areas you would like to improve the most.

A facelift does not eliminate all wrinkles, particularly those around your eyes and mouth. These are best treated with laser or chemical peel. Facelift also does not correct / improve pre-existing asymmetry. Everyone has a degree of asymmetry and will continue to be asymmetrical afterwards.

For a harmonious facelift, Mr Karri may also recommend additional procedures such as brow lift, upper blepharoplasty, laser skin resurfacing or fat grafting. Laser skin resurfacing is effective in treating deep wrinkles around the mouth and eyes.

Mr Karri will not perform a facelift on you if you are a smoker. Smoking increases the risk of skin necrosis and wound healing delay. You must not smoke for at least six weeks before and after surgery.

Immediately after surgery a dressing will be placed around your face and you will be instructed to keep your head elevated. If you have any significant pain you must notify the clinic or Mr Karri. Some bruising and swelling is entirely normal and will resolve. You will need to take at least 2 weeks off work and possibly 3 weeks if you have laser resurfacing.

The next day, the drains will be removed and antibiotic ointment applied to the wounds. You may shower on day 2 and sutures / staples removed on day 7. To aid your recovery you must avoid strenuous activity for 3 weeks.